



Forbes North Public School

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Newsletter
Term 3, Week 10
22 September 2020



like us on
facebook



Protect yourself from viruses



Clean your hands with soap and water, or hand sanitiser.



Cover your nose and mouth when you cough or sneeze.



Avoid close contact with anyone with cold or flu-like symptoms.



Stay home if you are sick.



Find the facts

health.nsw.gov.au/coronavirus

FROM THE PRINCIPAL...

With just a few days to go in term 3 it is hard to believe that the school year is all but three-quarters over. As I'm sure you will agree, this year has been like no other year we have experienced. I know that in my schooling experience – 13 years as a student, 4 years of University study and 34 years as a teacher, Assistant Principal and Principal – I have never seen anything like this year.

At the time of writing we are still unclear as to what restrictions will be in place in relation to school activities for term 4. Some of the activities that are still under a cloud include interschool sport, transition to high school, kindergarten orientation, our Link-Up program, our year 6 farewell and our annual awards presentation.

Please be assured that we will pass on any information in regard to these important programs as soon as we can do so with certainty.

Have a great week and an awesome break!

Steve McAlister

Principal



Changes to Enrolments

If you are presently aware of any change to your child's/children's enrolment at FNPS in 2021, could you please notify the school office ASAP.

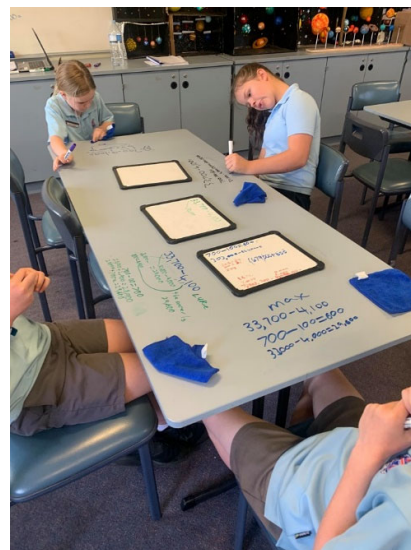
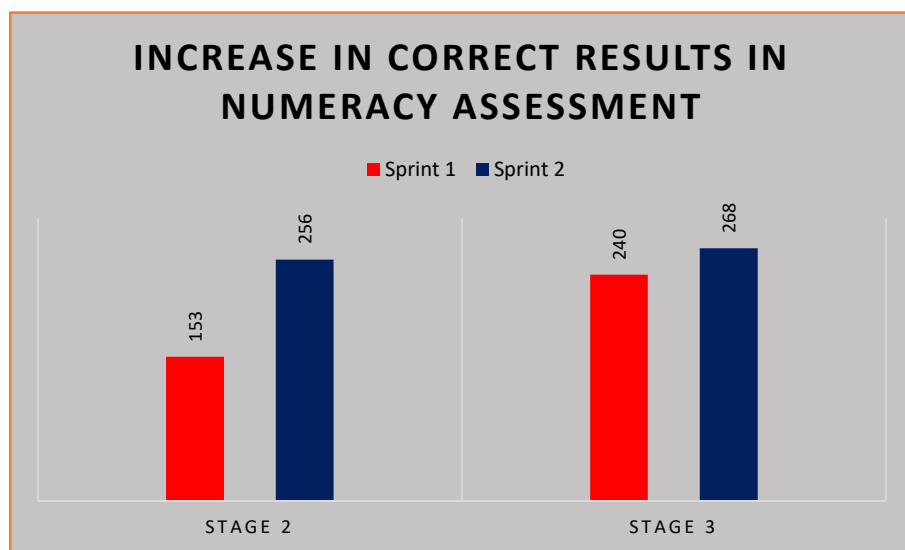
Teaching Sprint

Celebrations and Congratulations to Stage 2 and 3 students!

Forbes North Primary teachers are proud to announce that numeracy assessment results in all classes showed outstanding increases last week!

Students in Stage 2 increased correct answers in numeracy by 72%, with an extra 103 correct answers. We are so proud of your efforts in addition and subtraction number problems. Stage 2 will be spending time on multiplicative thinking next term.

Stage 3 students also had awesome results, increasing correct answers by 18%, with an extra 28 correct answers. Stage 3 will be concentrating on algebra next term, focusing on equivalence in equations and number problems.



Students hard at work

Year 3 Check-In Assessment

Year 3 students will take part in a Check-In Assessment from 21st September - 23rd October. The sitting dates will be Tuesday 22/9/20 and Wednesday 23/9/20. Year 3 students will receive a letter about this today. If students are absent from school, there will be an opportunity to sit the test until 23rd October.

Tell Them From Me Parent Survey 2020

Forbes North Public School invites you to participate in the Tell Them From Me Parent Survey. This survey provides the school with valuable information used for planning into the future. Please click on the link below from Wednesday 26th August to have your say. This link will work on all devices, including mobile phones.

<http://nsw.tellthemfromme.com/94tt6>

Help us do better

The *Tell Them From Me* parent survey is your chance to let us know how we are doing.

Complete the survey

<http://nsw.tellthemfromme.com/94tt6>



Your results will help us



Build a
better school



Improve the
family experience



Allocate our resources to
better support our students

Children's Week 2020 art competition

The NSW Children's Week 2020 Art Competition is open to all children and young people up to the age of 18 living in NSW. Children and young people can enter by creating an artwork to show how they are keeping safely connected with their family, friends and community during this time. Artworks can include drawings, paintings, photographs, digital illustrations or videos.



Nine winners (three winners for each age group: Under 5, 6-11, 12-18) will receive an award and prize. Entries close Friday 9 October 2020. For more information and to enter click here: www.digitallunchbreak.nsw.gov.au

If you would like to find out more information or assistance with entering the artwork please contact Mrs O'Brien.

Conjunctivitis

Conjunctivitis is a common eye condition where the outer surface of the eye becomes inflamed. This is often caused by an infection (virus or bacteria) and is usually highly contagious. Conjunctivitis is spread by direct contact with discharge from the eyes, nose or throat of someone with the infection, or by contact with contaminated fingers or objects.

Keep at home?

Yes. Children should be excluded until the discharge from their eyes has stopped. Please visit your pharmacist or doctor if you have concerns.

PBL @ FNPS

We have started a new system for celebrating student behaviour. Our Dinawans are revamped and are now dual-sided! One side is a 'Dinawan Dollar' and the other is a Dinawan. Students receive Dinawans for displaying Safe, Respectful and Responsible behaviour in both the playground and classroom.



Once students receive a Dinawan, they collect the Dinawan Dollar and stick it into their booklet. This will go towards a Celebration Session in Term 4, where students CHOOSE an activity they want to do based on how many dollars they collect over the term. The normal Dinawan side goes into our Whole School Rewards, where all students work together to achieve a reward. We enjoy celebrating positive student behaviour and look forward to our first Individual Celebration Session to be held in Term 4.

The PBL Leadership Team

Fruit & Veg Month 2020

The theme for this year's event is '**Planet Fruit & Veg!**'

We need to take better care of ourselves and the planet, so let's teach our kids to eat more fruit and vegetables, to choose local and in-season produce and not to waste fresh food. This year's Fruit & Veg Month is all about looking at fruit and vegetables through the lens of sustainability.



Fruit & Veg Month 2020 runs for the last four weeks of Term 3 – from Monday 31 August to Friday 25 September.

As part of Fruit & Veg Month, students will be involved in various classroom and school-based activities which encourage them to eat more fruit and vegetables. We will also be sending home resources to support this learning.

If you require more information on what activities our school is doing for Fruit & Veg Month, please contact the school or your child's teacher.

Mrs Osborne and Mrs Gorton, Fruit & Veg Month School Coordinators

P & C Sock Drive

They cost \$5 a pair with lots of great styles to choose from. Sizes available range from extra-small to extra-large. Purchases can be made from the school office.

Thank you for supporting this P&C Fundraiser

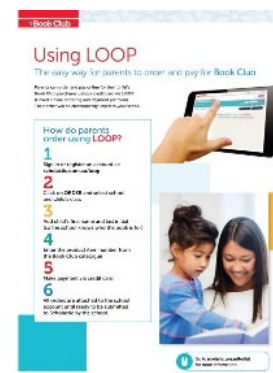


LIBRARY NEWS

Beginning in Term 4, bookclub will be going cashless. This means orders can be done following the instructions on the information sheet.

This information sheet will be sent home with bookclub brochures next term.

Please contact the school if you have any questions.



Looking for something to do in the School Holidays!

Come and join in the fun at a tennis coaching clinic during the 1st week of the school holidays from Monday 28th September to Friday 2nd October. The starting time is 9.00am and the finishing time 1.00pm.

Due to COVID 19 restrictions the clinic will be modified with limited numbers each day. Guidelines will be followed as per NSW Health & Tennis NSW regulations. Definite bookings must be made before Friday 26th September as walk-ins will not be available this time.

The main aim is for everyone to have fun in a healthy and safe environment while learning how to play tennis. The clinic is open to all children 5yrs to 15yrs regardless whether they have played tennis before.

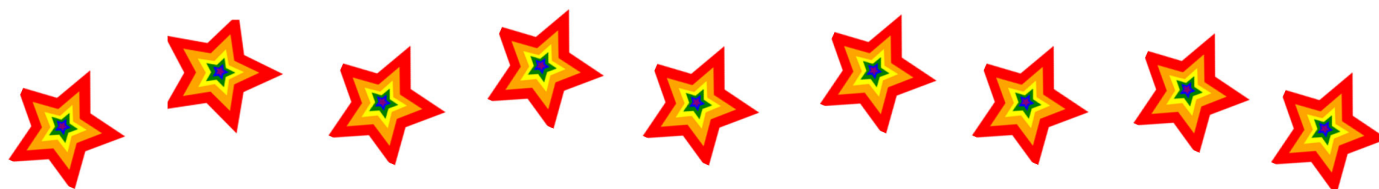
So, come and join the fun. Places are limited so remember to book early by phoning Peter on 6851 1993 or send a message via facebook @Peter Clifton Tennis Coaching by Saturday, 26th September 2020.

Juniors 2 Jillaroos holiday clinics

The NRL are holding 3 "GIRLS ONLY" Juniors 2 Jillaroos holiday clinics in the Western region these school holidays ahead of the Western Girls/Women's Competitions starting in October.

Eugowra Sports Ground - Tuesday 29th September between 2pm-4pm

Head to <http://bit.ly/J2JHolidayClinics> & enter your postcode for more information.



PBL FOCUS – We think before we act

Class lessons will look at how students should be thinking about their actions and deciding if that action is a positive decision. We have won extended recess and will celebrate it this Wednesday. Our new celebration is water play.




What will the next celebration be?



Tallies

Water Play	Crazy Sock Day	T-Shirt Day	Character Day
0	61	888	715

Class	Student of the Week	PBL Award	Merit Award
KWK	Jax Murphy	Emelia Lawson	Jackson Riddle Ava Doyle
10	Cael Ryan	Ehren Miller	Tyler Gray Jaiden Hartwig
1W	Sasha McCarthy	Logan Stevenson	Tyson Karaitiana-Halls Mckinley Newell
2J	Cory Jones	Jaxen Gilchrist	Connor Stewart Callyse Woodbridge
20	Eleanor Osborne	Lincoln Hughes	Oliver Mellon Will Spence
3K	Tyler O'Malley	Swaye O'Leary	Braxton Hopkins Kaileiha Skinner
3/4J	Sam Nicholson	Kaylee Woodhouse	Azariah Pout Charlie Bridge
4/5F	Kyren Miller	Angus Van Der Weiden	Luke Bilsborough Addi Bale
5/6M	Summer Stirling	Jaydrien Mores	Phoebe Walker Tallara Antram
5/6P	Paige McCarthy	Hunter Bilsborough	Jake Tomlinson Olly Flick
5/6Y	Alana Rodgers	Milli Robson	Hayden Coleman Riley Johnson
 Library Cory Jones		PBL award for being in the right place at the right time 	

Term 3 2020						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
10	21 SEPTEMBER 	22 SEPTEMBER	23 SEPTEMBER	24 SEPTEMBER	25 SEPTEMBER Last Day Term 3	26/27 SEPTEMBER
	28 SEPTEMBER	29 SEPTEMBER	30 SEPTEMBER	1 OCTOBER	2 OCTOBER	3/4 OCT
	5 OCTOBER LABOUR DAY P/H	6 OCTOBER	7 OCTOBER	8 OCTOBER	9 OCTOBER	10/11 OCT
Term 4 2020						
1	12 OCTOBER TERM 4 COMMENCES	13 OCTOBER	14 OCTOBER	15 OCTOBER	16 OCTOBER	17/18 OCTOBER

Do What's Best. Get a COVID-19 Test.

To keep our Community healthy and safe, anyone with flu-like symptoms should have a COVID-19 Test. It's the easiest way to keep our Community safe and stop the spread of the virus.



Do you have flu-like symptoms? Call your local doctor or Aboriginal Medical Service and ask where you can have a COVID-19 test.



A COVID-19 test is quick and simple. A healthcare professional will take a swab of your throat and nose.



Stay at home

and avoid contact with others while you wait for up to 2 or 3 days for your test result. This will prevent the possible spread of Covid-19. Download AHSMRC's [Self-isolation & Living with Others Checklist](#).

Managing Stress and Anxiety?

It is normal to feel anxious or stressed while waiting for test results. If you already struggle with anxiety try and adopt a problem solving approach. E.g. You made the right choice to get tested, the results will determine what you do next.

If you need support have a yarn with a friend, call your local AMS or Beyond Blue Support Services: 1300 22 4636, [beyondblue.org.au](#).

You will be notified of your test results as soon as they are available, and will be given advice on what to do next.

More questions? Call your local health service/Aboriginal Medical Service for support and advice during COVID-19.

Let's keep our community safe, strong and healthy.

Please visit [health.nsw.gov.au](#) for the latest information on COVID-19.

**COVID-19
SLOW THE
SPREAD**



The hearing early ears mob is coming to Yoorana Gunya


Tues 22nd September to Thurs 24th September



Discover the world through sound



If you are between 0-5 years old come along and get a free hearing check




COME ALONG TO THE FORBES LOCAL AECG AGM

OCTOBER 14, 2020 AT 11:30AM
WIRADJURI DREAMING CENTRE
OR BY ZOOM - SEE SCHOOLS

**FREE COFFEE
&
SAUSAGE
SANGA**

**ABORIGINAL
PARENTS &
CARERS
WE WANT YOU!**



MOBILE CHILDREN'S LIBRARY

When: Every Wednesday
Time: 3.30pm - 4.30pm

The books will be stored on the Yoorana Gunya bus and will be going around to houses. The Mobile Children's Library will have the same protocols as a typical library, except its on wheels! Children must sign their book in and out when it is returned.



Research shows reading has amazing health benefits and makes us feel positive

So what is the purpose of the library?

- Encourage children to read
- Encourage children and parents to spend time reading together
- Improve children's literacy and build their vocabulary
- Keep children's brains healthy
- Responsibility of returning the books
- Monthly giveaways for children



**Yoorana
Gunya**
Family Hearing Centre
Hearing Care Services

Please contact

PATTI WEATHERALL

for more information or to put down
your address on 02 6850 1222



FORBES LITTLE ATHLETICS

SEASON STARTING
13 OCTOBER 2020
5.30PM
(TUESDAY NIGHTS)

REGO INFORMATION

To register please visit
www.lansw.com.au

Ages 3 to 17
\$100

(Tiny Tots \$70)

e: forbeslittleathletics@gmail.com



ADDITIONAL INFORMATION

- COVID-19 Safety Plan in place
- Come & Try for new athletes at our first club night - \$10 per family redeemable on registration
- Season runs from Oct to March 2021
- Active Kids Vouchers accepted



FOLLOW US FOR THE LATEST UPDATES AND INFORMATION



FORBES LITTLE ATHLETICS

COME AND TRY NIGHT

FAMILY, FUN & FITNESS!

BOTANICAL GARDENS
TUESDAY 13 OCTOBER
ARRIVE 5.15PM FOR 5.30PM



TUESDAY CLUB NIGHTS
START 5.30PM

COME AND TRY FEE:
\$10 PER FAMILY
REDEEMABLE ON REGISTRATION

REGISTRATION FEE:
\$100 PER ATHLETE
\$70 TINY TOTS

AGES 3 - 17 YEARS

forbeslittleathletics@gmail.com

CONTACT US VIA FACEBOOK



JUNIORS 2 JILLAROOOS GIRLS ONLY HOLIDAY CLINIC

Tuesday 29th September
-Eugowra

Thursday 1st October
-Wallerawang

Thursday 8th October
-Gilgandra

Ages: 6-16

Touch, Tag and Tackle
players welcome

\$40 (Includes voucher to
claim J2J Pack)

Head to leaguestars.com and
enter your postcode for more
information.



Rotary Ipomoea



Saturday 10th October

Market

LION'S PARK

This setting has access to shade, toilets
and beautiful lakeside views and super coffee

Market is from 8am to 12:30pm

Come along and enjoy being able to enjoy a wander
through a market after such a long COVID break

A great family outing

For more information
please phone Helen on 6851 4930