



Forbes North Public School

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Newsletter
Term 3, Week 1
21 July 2020



KWK thoroughly enjoyed their visit to the Life Education Van



Protect yourself from viruses

-  **Clean** your hands with soap and water, or hand sanitiser.
-  **Cover** your nose and mouth when you cough or sneeze.
-  **Avoid** close contact with anyone with cold or flu-like symptoms.
-  **Stay home** if you are sick.



Find the facts
health.nsw.gov.au/coronavirus

FROM THE PRINCIPAL....

Welcome back to all students and families for another busy term at Forbes North Public School – one that hopefully has some semblance of normality to it!

We are commencing term 3 with our Re-Connect meets – a chance for parents/carers, students and teachers to discuss each child's progress, reflect on their reports (which were sent home at the end of last term) and reassess their learning goals for the remainder of the 2020 school year. With the Covid-19 situation impacting heavily on the way we have been able to provide teaching and learning for much of the year, these meetings will be vitally important for all partners in the learning process to have a full understanding of where our students are currently placed. With the unfortunate cancellation of many extracurricular activities there will no doubt be considerable adjustment of student learning goals!

Due to Covid restrictions our meets will be conducted either over the phone or online via Zoom. Re-Connects for 5/6M, 5/6P and 5/6Y were conducted today. KWK, 10, 1W and 2O will hold their Re-Connects tomorrow and 2J, 3K, 3/4J and 4/5F will conduct their meets on Thursday.

If you have requested to wait until restrictions have been lifted to hold a face-to-face Re-Connect we will contact you with days and times as soon as we are able.

Have a great week, and a positive Term 3!

Steve McAlister
Principal



Update on Healthy Harold Merchandise

Unfortunately, due to COVID- 19 mitigation measures, the process of hand to hand delivery of merchandise at the school is not available. However, parents can access the online shop at the following website to buy products if required:

<https://www.lifeeducation.org.au/shop/>



Healthy Harold will be here from Tuesday 21st July to Friday 24th July (Week 1, Term 3)

All children are expected to attend as this is part of the PD/H curriculum. The cost is \$10 per child which includes a book that aligns to the visit to use in the classroom. Payments will now be accepted. Please note that if you have already paid the Voluntary School Contribution fee there is no need to pay again for this activity.

Chook update

Our hens are laying well at the moment. If you have any spare grain or hay of any kind that could be spared our hens would love to share your donations.

Environment portfolio project

Our Environment portfolio students are encouraging students to recycle lunch and recess scraps, plastic and paper into newly labelled garbage bins.

New bins have been set up in the playground and they have signs on them to show where to put lunch box waste. There are return and earn bins for flavoured milk and water bottles and popper juice containers, paper only bins for lunch bags and paper products and there are scrap bins for bad plastic and food scraps.

The bins are a smaller size that can be emptied more easily and can be opened by junior school students more easily. The environment team voted to use the Return and earn money raised last year from recycling containers to perchance these new bins.



By recycling well we hope to raise more return and earn dollars so we can start more environmental projects.

Operation Art!!

Operation art is an initiative of The Children's Hospital at Westmead in collaboration with the Department of Education and Communities, involves school students—from Kindergarten to Year 10 in all NSW schools—in creating artworks for children in hospital.

This initiative is running again this year, and students have the opportunity to enter a piece of art (drawing or painting) into the competition to represent our school.

This artwork is to be completed at home by the student (work must be completed by the child) and needs to be returned to the school office before Tuesday 28th of July.

If you have any questions about this please contact Mrs O'Brien on 6852 2187.



School Banking

We will resume School Banking from this Thursday, 23 July 2020.

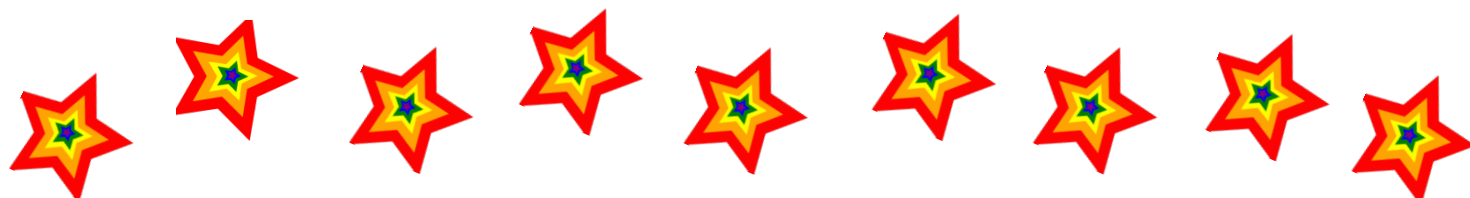


Student Birthday Cakes

If parents/carers would like to send birthday cakes in to share with class mates, please note these items must be store bought.

It is essential that products are made in a controlled environment as well as stating all ingredients.

Thank you for your cooperation.



PBL FOCUS – We accept consequences for our actions

Class lessons will look at the consequences of actions and how we should be dealing with those consequences when they are given to us.



What will the next celebration be?
Tallies



Movie and popcorn	Free time	T-Shirt day	Casual Hat
Movie has been won and will be celebrated this term	615	423	943

School Photo Shoot Keys

Individual shoot keys were sent home on school photo day. Any queries, contact Creative School Portraits directly.

Online ordering *before*: **Thursday 30th July**.

ONLINE ORDERS: www.creativeschoolportraits.com.au



Phone:

6342 3070

Email:

admin@cspnsw.com.au

Website:

www.creativeschoolportraits.com.au

STUDENT AWARDS WEEK 10, TERM 2

Class	Student of the Week	PBL Award	Merit Award
KWK	Ava Doyle	Jack Spice	Ruby Jackson Riddle
10	Jett Hayes	Jaiden Hartwig	Charlotte McClenahan Cooper Reid
1W	Ila Kennedy	Rachel Inches	Sasha McCarthy Zac Dunn
2J	Ruby Dumbrell	Sasha Pettigrew	Arabella Myers Flynn Collits
2O	Amber Hodge	Ashtyn Wright	Oliver Mellon Rubi Merrit
3K	Lucia Bilsborough	Swaye O'Leary	Jackson Markwort Isaac Knight
3/4J	Charlie Bridge	Matari Perceval-Edwards	Azariah Pout Braxton Johansson
4/5F	Dylan Britton	Riley Price	Tyla Wright Max Ridge
5/6M	Timmy Duke	Ethan Ray	Jaydrien Mores T'Kaya Johansson
5/6P	Paige McCarthy	Emma Mitchell-Mellon	Nash Pout Carelle Sayers
5/6Y	Ella Horner-Skinner	George Finn	Alan Merritt Wyatt Harvey



Library

Ella Horner-Skinner

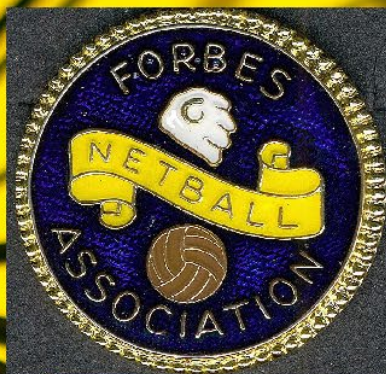
PBL award for

accepting consequences of their actions



FORBES NORTH PS - Term 2 2020

Term 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
	20 JULY	21 JULY	22 JULY	23 JULY	24 JULY	
1	Staff Development Day (pupil free day)	Life Education Van Re-Connects via phone 5/6M, 5/6P, 5/6Y	Life Education Van Re-Connects via phone KWK, 1O, 1W, 2O	Life Education Van Re-Connects via phone 2J, 3K, 3/4J, 4/5F School Banking program	Life Education Van Re-Connects via phone	25/26 JULY
2	27 JULY	28 JULY	29 JULY	30 JULY	31 JULY	1/2 AUGUST
3	3 AUGUST	4 AUGUST	5 AUGUST	6 AUGUST FNPS Cross Country	7 AUGUST	8/9 AUGUST



ACTIVE KIDS VOUCHERS ACCEPTED

A black and white photograph showing the silhouettes of several netball players in action on a court. One player is jumping high to catch or pass the ball, while others are positioned around the goal. The background shows a cloudy sky and some trees.

Come and Play Saturday morning netball

NET SET GO – 10.00AM FROM 5 YEARS
JUNIOR MIXED FROM 11.00 – UP TO 15YEARS

FOR MORE INFORMATION – FOLLOW US ON FACEBOOK OR
EMAIL "SECRETARYFORBESNETBALL@GMAIL.COM"
<SECRETARYFORBESNETBALL@GMAIL.COM>



Forbes North Canteen Menu Term 3 2020

RECESS (food available over the counter at recess time is subject to availability)

Hot recess food:

- Toasted sandwich half (*Shaved ham & cheese or poached chicken breast & cheese*).....\$1.00
- Pizzas (*shredded ham, BBQ sauce and cheese, puff pastry*).....\$1.00
- Scrolls (*shredded ham & cheese, puff pastry*).....\$0.80
- Garlic bread (*French breadstick, margarine, parsley & minced garlic*).....\$0.30

Add chicken or ham to a salad bowl, sandwich or wrap for \$1

Add boiled egg to a salad for \$0.50

Toasted sandwiches add \$0.50

Cold recess food:

- Fruit salad cups (*watermelon, grapes, strawberries, rockmelon, apple, kiwifruit*)..Sml:\$1.00 or Lrg: \$3.00
- Carrot sticks and hommus.....\$1.00
- Celery sticks & hommus.....\$1.00
- Fresh fruit pieces (*apple, banana, orange, mandarin, kiwi fruit, grapes, strawberries, watermelon*).....\$1.00
- Homemade muffins 80gms (*cacao, blueberry, raspberry, banana, zucchini, apple & cinnamon or veggie*).....\$1.00
- Jelly cups (*homemade fruit juice jelly, raspberry, orange & mango*).....Sml:\$0.50 or Lrg:\$1.00
- Homemade Anzac biscuits.....Sml:\$0.5

LUNCH (made to order only)

Hot lunch food:

- Hamburger (*homemade premium mince patty, iceberg lettuce, cheese, tomato, beetroot & BBQ/ Tomato sauce*).....\$5.00
- Cheeseburger (*homemade premium mince patty, cheese, BBQ/ Tomato sauce*).....\$3.50
- Chicken burger (*marinated chicken breast, iceberg lettuce, cheese and mayo*).....\$4.50
- Chicken stick wrap (*chicken stix, iceberg lettuce, grated cheese, mayo*).....\$4.50
- Spaghetti Bolognese (*homemade with premium mince, onion, canned tomatoes, tomato paste, minced garlic, fresh herbs, grated carrot, celery, zucchini & spaghetti pasta*).....\$4.50
- Nachos (*premium mince, nacho seasoning, macro organic corn chips, grated cheese, lettuce, tomato, capsicum & topped with greek yoghurt*).....\$4.50
- Fried rice (*Homemade with boiled white rice, grated carrot, diced onion, shallot, capsicum, celery, corn, peas, shredded ham, egg, low salt soy sauce*)....\$4.50
- Traveller Pie (*BBQ/ Tomato sauce*).....\$4.00
- Homestyle Sausage roll (*BBQ/ Tomato sauce*).....\$4.00
- Chicken sticks (*BBQ/ Tomato sauce*).....\$3.50

Cold lunch food:

- Jam Sandwich.....\$2.00
- Vegemite Sandwich.....\$2.00
- Honey Sandwich.....\$2.00
- Cheese sandwich.....\$2.50
- Egg sandwich.....\$2.50
- Plain chicken sandwich.....\$3.00
- Ham sandwich.....\$3.00
- Ham & Cheese sandwich.....\$3.50
- Chicken & cheese sandwich.....\$3.50
- Ham, cheese & tomato sandwich.....\$4.00
- Chicken, cheese & tomato sandwich.....\$4.00
- Chicken, lettuce and mayo sandwich.....\$4.50
- Egg, lettuce and mayo sandwich.....\$4.50
- Salad sandwich (*lettuce, carrot, cucumber, tomato, beetroot & cheese*).....\$5.00
- Salad wrap (*lettuce, carrot, cucumber, tomato, capsicum, beetroot & cheese*).....\$5.00
- Salad bowl (*lettuce, carrot, cucumber, tomato, capsicum, sprouts, beetroot & cheese*).....\$5.00

Call the school on 68522187 or email

fnpscanteen@gmail.com for any enquiries

DRINKS

- Cool Crush Slushie.....\$2.00
- Oak Chocolate or Strawberry milk.....\$2.00
- Plain Milk.....\$1.00
- Popper (*Apple/ Orange/ Orange & Mango, 100% fruit juice*).....\$1.50
- Water.....\$1.50
- Warm/ Cold Milo.....\$1.00

EXTRAS

- Lunch bags/ Spoons/ Forks.....\$0.10
- Sauce BBQ/ Tomato.....\$0.50

LUNCHTIME TREATS

- Zooper Doopers/ Quelch Sticks.....\$0.50
- Weis bars (*Choc/ Strawberry/ Mango*).....\$2.00
- Snapsticks Sweet Raspberry.....\$0.80
- TNT Sour Ice Monys.....\$1.00
- Plain Vanilla Ice Cream.....\$1.50
- Frozen Yoghurt (*Choc/ Strawberry/ Raspberry*).....\$2.50
- Red Rock Deli Chips Sea Salt.....\$1.50
- Air popped Popcorn.....Sml:0.50 & Lrg:\$1.00