



Forbes North Public School

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Forbes NSW 2871

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Newsletter
Term 2, Week 5
26 May 2020



Stage 2 Craft: Making masks

 like us on
facebook 

Protect yourself from viruses

 **Clean** your hands with soap and water, or hand sanitiser.

 **Cover** your nose and mouth when you cough or sneeze.

 **Avoid** close contact with anyone with cold or flu-like symptoms.

 **Stay home** if you are sick.

 **Find the facts**
health.nsw.gov.au/coronavirus

WELCOME BACK!!!

It is so nice to see all our students back at school after such a long enforced lay-off, and it is truly wonderful to see that so many of them are really pleased to be back!

Again, I would like to thank all members of our school community who have made such wonderful efforts to ensure that our students have continued to learn throughout these unusual circumstances. Because you have all played such a significant part in the supervision and monitoring of your children's progress this semester, our half-yearly report format will be a little different from past years. In acknowledgement of the role you have played the half-yearly reports will have space for parents and carers to make comment on their child's learning. Our Re-Connect Meets will play a valuable role in ensuring that we all have the whole picture of student effort and progress during Semester One. More details on this process will be released soon.

While we have returned to somewhat 'normal' schooling, there are still some activities that cannot be conducted or have certain restrictions placed on them. At the present time the following restrictions are in place:

- ⇒ No whole school assemblies (we are planning to hold a virtual assembly each week instead);

- ⇒ Sport and PE sessions will only involve non-contact sports and skill development;
- ⇒ No interschool competitions (sport, debating, etc);
- ⇒ Excursions and camps are not allowed at present;
- ⇒ No kitchen lessons;
- ⇒ No Scripture or Ethics;
- ⇒ No access to the school grounds for non-essential personnel including volunteers, parents and carers.

As these restrictions are eased we will keep you all updated. It is also important to know that the school is undergoing regular enhanced cleaning processes before and after school each day, and an additional clean during each school day in order to ensure that our school environment is as safe as possible for all.

Have a great week!

Steve McAlister
Principal



Staying Connected With Our Children

Now is the time to stay close to our children.
They need to feel us beside them so they don't feel as worried as they are.
We need to be honest with them and let them know that good people from around the world are working very hard to keep them safe and healthy.
Our children will believe us, we love them deeply.

Be Honest

"COVID 19 is a sickness like a cold. Some people will get it. Maybe someone in our family might get sick. We are all a little bit scared. Being scared is a sign that we are concentrating on being safe. There are really good people like doctors who know what to do. They are helping to figure it out."

Validate Their Feelings

"I know I might look worried sometimes. Mums or dads get worried too, just like children. I know it can make you feel scared. But I am ok."
"It is ok to be feeling scared, or worried, or whatever you are feeling right now. You can share that with me whenever you need to."

Acknowledge Day to Day Disruptions

"Even if school and your after school activities stop for a while, they will start up again. How about we think about some ways of doing versions of these things together at home if we need to?"

Remind Them

"I love you, and that is one thing that will never change."

Here are some ways that parents and carers can share connection, comfort and care with their children right now.

Look to History

"There have been sicknesses like this before. And they have stopped. Clever people from around the world have worked them out together. The scientists are doing this right now with this one."

Remain Available

"You can talk with me whenever you need to. I will answer any questions you have. If I don't know the answers, I will find out and then I will tell you."

Have fun

Share some time with your children that is just for them, and let them lead the play.

"Let's do some things that you like to do."

Create some quiet time

Find a regular time where you can just be still with children. Stroke their hair. Watch a favourite show on TV. Listen to music together. Let them decide if they want to talk. Be present with them. Enjoy it.



Australian
Childhood
Foundation

childhood.org.au



Term 2 Uniform

Students are encouraged to wear winter uniform this term, as displayed above.

The school sells a range of pre-loved uniform. Please enquire at the front office if you are interested.



Phone: 63423070

Email: admin@cspnsw.com.au

Website: www.creativeschoolportraits.com.au

Forbes North Public School

Photo Day: Tuesday 30th June
Online ordering from: Tue 14th July
Order before: Thurs 30th July.

ONLINE ORDERS: www.creativeschoolportraits.com.au

Shoot Keys/Access code: handed out just prior to the activation date. If lost, please email us.

Select "Order Online" and enter your shoot key/access code

>Click on your child's image (low resolution viewing) & select your preferred background

>Select your package

>More children at this school? Click "Order for another" at the top right corner & repeat the process

>Checkout: Please carefully **CHECK PACKAGE & BACKGROUND** are correct before finalising your order, as changes cannot be made after order is confirmed.

All packages ordered before **Thurs 30th July** will be returned to the school.

After **Thurs 30th July** a LATE FEE of \$12.95 will be added to the purchase price and the package will be posted directly to you

Family/Sibling Photos: (students at this school only)

Payments can be made online up to **5pm the day before photos**. Enter the access key **LZ9CG5ZF** and follow the prompts. OR Collect an envelope from the office and return **with the money the day before photos**.

Unable to order online?:

Paper order forms are available at School office if you cannot order online. Please fill out and return to the office ASAP. Please note no money can be accepted at the office after photo day has passed.

Please contact our Production Centre if you have any questions on 0263 423070 or email at admin@cspnsw.com.au

Thank you and please enjoy your photographs.
 Regards, Cliff & Kay Dykes

STANDARD PACKAGES

A PACK ~ \$45



1~10x8
(20x25cm)



2~6x8
(15x20cm)



4~6x4
(10x15cm)



High Res
Digital
Download



4~Wallets
(7.6x5cm)



6~ID's
(3.8x5cm)



Class group

B PACK ~ \$40



1~6x8
(15x20cm)



3~6x4
(10x15cm)



High Res
Digital
Download



4~Wallets
(7.6x5cm)



4~ID's
(3.8x5cm)



Class group

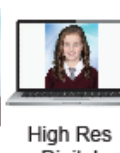
C PACK ~ \$37



1~6x8
(15x20cm)



2~6x4
(10x15cm)



High Res
Digital
Download



Class group

PORTRAIT PACKAGE ~ \$30



1~6x8
(15x20cm)



3~6x4
(10x15cm)



4~Wallets
(7.6x5cm)

This Package does not include a digital download

GROUP PACKAGE ~ \$25



Class group

**BASIC PACKAGES
(AVAILABLE ONLINE ONLY)**

BASIC 1
\$25



1~6x8
(15x20cm)

+



High Res
Digital Download

BASIC 2
\$28



Class group

+



**New for 2020
Fully Customisable pack**

DIGITAL PACK ~ \$40

(ONLY AVAILABLE ONLINE- THIS PACK CONTAINS DIGITAL PRODUCTS ONLY NO PRINTED PHOTOS)



+

Choose 4 high resolution
graphic design images from
a range of design options

Some of the options available to choose from*:



* Due to popularity of
graphics, designs may change

This package is perfect for those who don't
want printed photos/or those who want to share
electronically, special images with loved ones.

EXTRA ITEMS

(ONLY AVAILABLE WHEN A PRODUCT ABOVE IS PURCHASED)

\$10



1~10x8
(20x25cm)

\$10



2~6x8
(15x20cm)

\$10



4~6x4
(10x15cm)

\$8



8~Wallets
(7.6x5cm)

GIFT PACK
\$15

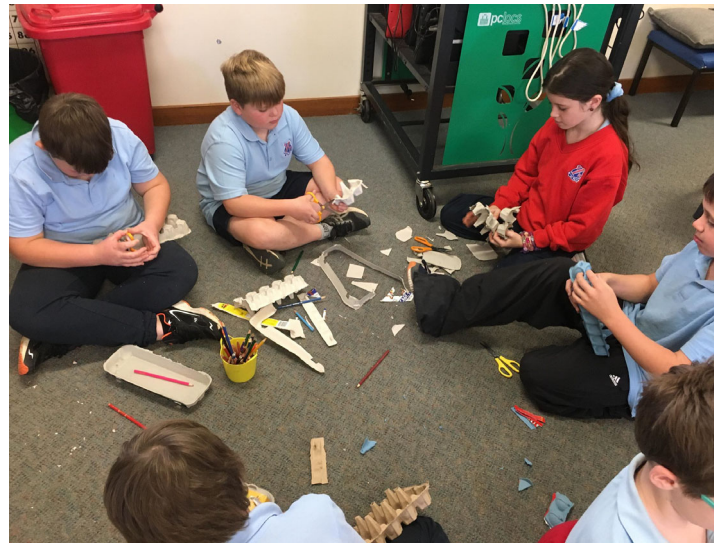


4~Bookmarks &
Borded Print

WWW.CREATIVESCHOOLPORTRAITS.COM.AU

Back to School Craft

The Stage 2 students settling back into school routine and enjoying their Creative Art lessons. Student were completing an art project called 'Egg Carton Faces'. Students enjoyed spending time with their friends while completing the faces. It was nice to see students back with their friends while completing their work.



News from our Garden

We welcome our newest addition, Harry Potter to the coop. Our chooks have missed the children's regular visits. Mrs Nixon has harvested the first crop of jack-o-lantern pumpkins which will be ready for kitchen lessons once they commence.



Book Club

Great news!!! Scholastic has sent out its usual paper catalogue for Issue 4 of Book Club. These went home yesterday. Please return any orders to school by Friday 19th June (end of week 8). Happy reading. Mrs Gartner



PBL FOCUS – Being respectful

Class lessons will focus on students learning how they can show respect to one another through their actions and word choice.

Our celebrations tally has been updated



What will the next celebration be?



Tallies

Free time	T-Shirt day	Casual Hat
245	290	713

Hot chocolate has been won and will be celebrated in the next week or so. The new celebration is Movie and Popcorn.



Dinawan

Safe, Respectful, Responsible
Forbes North Public School



Forbes North Canteen Menu Term 2 2020

RECESS (food available over the counter at recess time is subject to availability)

Hot recess food:

- Toasted sandwich half (*Shaved ham & cheese or poached chicken breast & cheese*).....\$1.00
- Pizzas (*shredded ham, BBQ sauce and cheese, puff pastry*).....\$1.00
- Scrolls (*shredded ham & cheese, puff pastry*).....\$0.80
- Garlic bread (*French breadstick, margarine, parsley & minced garlic*).....\$0.30

Add chicken or ham to a salad bowl, sandwich or wrap for \$1

Add boiled egg to a salad for \$0.50

Toasted sandwiches add \$0.50

Cold recess food:

- Fruit salad cups (*watermelon, grapes, strawberries, rockmelon, apple, kiwifruit*)..Sml:\$1.00 or Lrg:\$3.00
- Carrot sticks and hommus.....\$1.00
- Celery sticks & hommus.....\$1.00
- Fresh fruit pieces (*apple, banana, orange, mandarin, kiwi fruit, grapes, strawberries, watermelon*).....\$1.00
- Homemade muffins 80gms (*cacao, blueberry, raspberry, banana, zucchini, apple & cinnamon or veggie*).....\$1.00
- Jelly cups (*homemade fruit juice jelly, raspberry, orange & mango*).....Sml:\$0.50 or Lrg:\$1.00
- Homemade Anzac biscuits.....Sml:\$0.5

LUNCH (made to order only)

Hot lunch food:

- Hamburger (*homemade premium mince patty, iceberg lettuce, cheese, tomato, beetroot & BBQ/ Tomato sauce*).....\$5.00
- Cheeseburger (*homemade premium mince patty, cheese, BBQ/ Tomato sauce*).....\$3.50
- Chicken burger (*marinated chicken breast, iceberg lettuce, cheese and mayo*).....\$4.50
- Chicken stick wrap (*chicken stix, iceberg lettuce, grated cheese, mayo*).....\$4.50
- Spaghetti Bolognese (*homemade with premium mince, onion, canned tomatoes, tomato paste, minced garlic, fresh herbs, grated carrot, celery, zucchini & spaghetti pasta*).....\$4.50
- Nachos (*premium mince, nacho seasoning, macro organic corn chips, grated cheese, lettuce, tomato, capsicum & topped with greek yoghurt*).....\$4.50
- Fried rice (*Homemade with boiled white rice, grated carrot, diced onion, shallot, capsicum, celery, corn, peas, shredded ham, egg, low salt soy sauce*)....\$4.50
- Traveller Pie (*BBQ/ Tomato sauce*).....\$4.00
- Homestyle Sausage roll (*BBQ/ Tomato sauce*).....\$4.00
- Chicken sticks (*BBQ/ Tomato sauce*).....\$3.50

Cold lunch food:

- Jam Sandwich.....\$2.00
- Vegemite Sandwich.....\$2.00
- Honey Sandwich.....\$2.00
- Cheese sandwich.....\$2.50
- Egg sandwich.....\$2.50
- Plain chicken sandwich.....\$3.00
- Ham sandwich.....\$3.00
- Ham & Cheese sandwich.....\$3.50
- Chicken & cheese sandwich.....\$3.50
- Ham, cheese & tomato sandwich.....\$4.00
- Chicken, cheese & tomato sandwich.....\$4.00
- Chicken, lettuce and mayo sandwich.....\$4.50
- Egg, lettuce and mayo sandwich.....\$4.50
- Salad sandwich (*lettuce, carrot, cucumber, tomato, beetroot & cheese*).....\$5.00
- Salad wrap (*lettuce, carrot, cucumber, tomato, capsicum, beetroot & cheese*).....\$5.00
- Salad bowl (*lettuce, carrot, cucumber, tomato, capsicum, sprouts, beetroot & cheese*).....\$5.00

Call the school on 68522187 or email
fnpscanteen@gmail.com for any enquiries

DRINKS

- Cool Crush Slushie.....\$2.00
- Oak Chocolate or Strawberry milk.....\$2.00
- Plain Milk.....\$1.00
- Popper (*Apple/Orange/Orange & Mango, 100% fruit juice*).....\$1.50
- Water.....\$1.50
- Warm/Cold Milo.....\$1.00

EXTRAS

- Lunch bags/Spoons/Forks.....\$0.10
- Sauce BBQ/ Tomato.....\$0.50

LUNCHTIME TREATS

- Zooper Doopers/Quelch Sticks.....\$0.50
- Weis bars (*Choc/Strawberry/Mango*).....\$2.00
- Snapsticks Sweet Raspberry.....\$0.80
- TNT Sour Ice Monys.....\$1.00
- Plain Vanilla Ice Cream.....\$1.50
- Frozen Yoghurt (*Choc/Strawberry/Raspberry*).....\$2.50
- Red Rock Deli Chips Sea Salt.....\$1.50
- Air popped Popcorn.....Sml:0.50 & Lrg:\$1.00

Thank you

We would like to send out a big thank you to all our families for your support and understanding during this unusual time. It has been wonderful speaking with so many parents each week and checking in with your child's progress while completing their home learning pack. It has been a difficult time for all of us and we are extremely grateful for all of your support. We are aware that some students may be extremely excited about being back at school fulltime while others may be nervous or worried about returning. Some students may settle in straight away while for others it may take a little longer to settle back in. As your child settles back into school routine, please remember we are still available to speak to and do not hesitate in contacting your child's teacher if you have any concerns.

Forbes North Teachers

Year 6 enrolments for FHS in 2021

Expression of Interest forms for students entering Year 7 at Forbes High School in 2021 were handed out to all current Year 6 students (upon their return to school on Monday May 25th). It is important these are filled out as soon as possible and handed back to classroom teachers to ensure your child is placed into the Transition Program for 2021. **If your child is not attending Forbes High School in 2021 this form still needs to be returned to indicate this to us.**

We have also attached an information form for parents regarding this, and it can also be found at:

https://education.nsw.gov.au/content/dam/main-education/public-schools/going-to-a-public-school/media/documents/Moving_into_Year_7_in_2021.pdf

If you have any questions, please contact Mrs McCarthy at school or speak to our office staff.

FORBES NORTH PS - Term 2 2020						
Term 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
5	25 MAY Students will go back to class fulltime	26 MAY	27 MAY	28 MAY	29 MAY Yr 6 ⇒ 7 EOI due back to school	30/31 MAY
6	1 JUNE	2 JUNE	3 JUNE	4 JUNE	5 JUNE	6/7 JUNE
7	8 JUNE Queen's birthday p/h	9 JUNE	10 JUNE	11 JUNE	12 JUNE	13/14 JUNE
8	15 JUNE	16 JUNE	17 JUNE	18 JUNE	19 JUNE Bookclub orders due	20/21 JUNE
9	22 JUNE	23 JUNE	24 JUNE	25 JUNE	26 JUNE	27/28 JUNE
10	29 JUNE	30 JUNE School Photos	1 JULY	2 JULY	3 JULY Last day Term 2	4/5 JULY