

Forbes North Public School P & C Canteen Menu Term 2, 2022

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Grab 'N' Go Snacks available at recess and lunch – no order required. Menu items subject to availability. Prices starting from 50c

Recess:	
• Toasted sandwich half ~ Shaved ham & cheese or poached chicken breast & cheese	\$1.00
• Pizza ~ shredded ham, BBQ sauce, cheese & puff pastry	\$1.00
• Scrolls ~ shredded ham, cheese & puff pastry	\$0.80
• Garlic Bread ~ Breadstick, margarine, parsley & minced garlic	\$0.30
• Corn Cob	\$1.00
• Fruit salad cups ~ watermelon, grapes, strawberries, rockmelon, apple, kiwifruit, orange (subject to seasonal availability)	S: \$1 L: \$3
• Homemade 80gm muffins ~ cacao, blueberry, raspberry, banana, zucchini, apple & cinnamon or vegie	\$1.00
• Seasonal fresh fruit pieces ~ apple, banana, orange, mandarin, kiwifruit, grapes, strawberries, watermelon	\$1.00
• Jelly Cups ~ homemade using fruit juice jelly, raspberry, orange & mango	S: .50 L: \$1
• Yoghurt Cups topped with fresh fruit	\$1.00
• Veggie Cups ~ carrot sticks, celery sticks, with cheese and biscuit	\$1.00
• Homemade ANZAC biscuits	\$0.50
• Popcorn Cups	\$1.00

Lunch: Hot Menu Options	
• Hamburger ~ homemade premium mince patty, iceberg lettuce, cheese, tomato, beetroot & choice of BBQ or tomato sauce	\$5.00
• Cheeseburger ~ homemade premium mince patty, cheese & choice of BBQ or tomato sauce	\$3.50
• Chicken burger ~ marinated chicken breast, iceberg lettuce, cheese & mayonnaise	\$4.50
• Chicken stick wrap ~ chicken stix, iceberg lettuce, grated cheese & mayonnaise	\$4.50
• Spaghetti Bolognese ~ homemade using premium mince, onion, canned tomatoes, tomato paste, minced garlic, fresh herbs, grated carrot, celery, zucchini & spaghetti pasta	\$4.50
• Nachos ~ homemade using premium mince, nacho seasoning, macro-organic corn chips, grated cheese, topped with sour cream. With salad: lettuce, tomato, onion, carrot: Add \$1	\$4.50
• Fried Rice ~ homemade using white rice, grated carrot, diced onion, shallot, capsicum, celery, corn, peas, shredded ham, egg & low salt soy sauce	\$4.50
• Traveller Pie with either BBQ or Tomato Sauce	\$4.00
• Homestyle sausage roll with either BBQ or Tomato Sauce	\$4.00
• Chicken Stix with either BBQ or Tomato Sauce	\$4.00

Lunch: Cold Menu Options	
Sandwiches	
• Jam	\$2.00
• Vegemite	\$2.00
• Honey	\$2.00
• Cheese	\$2.50
• Egg	\$2.50
• Chicken	\$3.00
• Ham	\$3.00
• Ham & Cheese	\$3.50
• Chicken & Cheese	\$3.50
• Ham, Cheese & Tomato	\$4.00
• Chicken, Cheese & Tomato	\$4.00
• Chicken, Lettuce & Mayo	\$4.50
• Egg, Lettuce & Mayo	\$4.50
• Salad Sandwich ~ lettuce, carrot, cucumber, tomato, beetroot & cheese	\$5.00
• Salad Wrap ~ lettuce, carrot, cucumber, tomato, beetroot, onion & cheese	\$5.00
• Salad Bowl ~ lettuce, carrot, cucumber, tomato, sprouts, beetroot, onion & cheese	\$5.00
• Add chicken or ham to a salad sandwich, wrap or bowl, add	\$1.00
• Add a boiled egg to a salad, add	\$0.50
• To have a sandwich toasted, add	\$0.50

Drinks:	
• Cool Crush Slushie	\$2.00
• Flavoured Oak Milk ~ Chocolate or Strawberry	\$2.00
• Plain Milk	\$1.00
• Popper ~ Apple, Orange or Orange & Mango 100% fruit juice	\$1.50
• Bottled Water	\$1.50
• Warm or Cold Milo	\$1.00

Lunchtime Treats:	
• Zooper Doopers or Quelch Sticks	\$0.50
• Weis Bars ~ Chocolate/Strawberry/Mango	\$2.00
• Snapsticks Sweet Raspberry	\$0.80
• TNT Sour Ice Monys	\$1.00
• Plain Vanilla Ice Cream Cup	\$1.50
• Frozen Yoghurt Cup ~ Chocolate/Strawberry/Raspberry	\$2.50
• Red Rock Deli Chips ~ Sea Salt or Honey Soy	\$1.50

Extras:	
• Lunch Bags	\$0.10
• Spoon	\$0.10
• Fork	\$0.10
• Serving of Sauce: Tomato or BBQ	\$0.50